

BEDWYNS' LINK SCHEME

Incorporating the Grafton Scheme

Registered Charity 1052579

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Volunteer Jobs List

Transport

- 1 Dental appointments
- 2 Visits to Opticians
- 3 GP Surgery Appointment
- 4 Lift to Library van
- 5 Take person to village shops and post office
- 6 Small animal to Vet
- 7 Accompany disabled person shopping
- 8 Take disabled person to club or day centre
- 9 Hospital & Health Care related Appointments – (See list re distance volunteer willing to travel)

Caring

- 1 Read to blind person
- 2 Chat to Elderly person
- 3 Chat with lonely or depressed
- 4 Help person to read and write following a stroke
- 5 Comforting bereaved
- 6 Chat with young mother
- 7 Befriend mental/physical disabled
- 8 Help with looking after children whilst mother is in hospital
- 9 Light housework e.g. washing/ironing.
- 10 Other activity consistent with a caring neighbour.

Practical

- 1 Collecting prescriptions
- 2 Collecting shopping
- 3 Caring for pet in person's own home
- 4 Dog walking
- 5 Help with filling in official forms
- 6 Change books at Library van
- 7 Transport escort on public transport
- 8 Gardening tasks including general tidy up.
- 9 Other tasks consistent with a caring neighbour.